



KNOW YOURSELF

ASK:

Who am I? What am I good at? And, what do I enjoy?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to complete a career test that explores my interests, strengths and personality
 Complete [Major & Career Exploration Gator TRACS](#) in iLearn or [watch](#) Major & Career Exploration webinar
 Complete [Personal Reflection Worksheet](#)
 List your past jobs, awards, projects, experiences, etc. to build your resume - [Resume Worksheet](#)
[Schedule](#) a quick resume check with a Peer Career Ambassador M/W/F: 12-2pm & T/Th: 4-6pm
 Activate your [Handshake](#) account & complete your profile
 Join the [Gator Leadership Circle Program](#)
[Watch](#) CSLD webinar Creating a LinkedIn Profile and join [LinkedIn](#)
 Meet with an [Undergraduate Academic Advisor](#) from UAC to discuss majors and course selection

Graduate School:

[Explore](#) Graduate Schools

REFLECTION:

*What new discovery did you learn about yourself as a college student?
 Is graduate school required for your career path?*

YEAR ONE



EXPLORE YOUR OPPORTUNITIES

ASK:

What careers align with my values, interests, personality and strengths?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to have a focused session on majors and careers
 Complete [Major & Career Exploration Gator TRACS](#) in iLearn or [watch](#) Major & Career Exploration webinar
 Go to [What Can I Do with This Major?](#), [ONet](#), [Occupational Outlook Handbook](#) or [Zippia](#) to research common career pathways for a variety of majors
 Use [Handshake](#) to research job titles and companies
 Join [Gator Connect](#) and [LinkedIn](#) to start building your network with SF State alumni and other professionals
 Complete [Networking Gator TRACS](#) in iLearn or [watch](#) Professional Networking webinar
 Conduct an [informational interview](#) or job shadow with someone in your field of
 Visit the [Institute for Civic and Community Engagement \(ICCE\)](#) to learn more about service-learning classes and academic internships
 Volunteer or join a [student club](#) that aligns with your interests
 Attend CSLD employer recruiting [events](#) (i.e., employer info sessions or fairs)
 Meet with an [Undergraduate Academic Advisor](#) to discuss majors and course selection

Graduate School:

[Explore](#) Graduate Schools
 Learn more about [graduate programs](#) at SF State

REFLECTION:

*What are 3 career paths that you found interesting?
 Is graduate school required for your career path?*

YEAR TWO



GET EXPERIENCE

ASK:

What practical experiences will improve my skills and clarify my career goals?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to discuss strategies for obtaining an internship
 Update your [resume](#)
 Develop your [elevator pitch](#)
 Complete [Networking Gator TRACS](#) in iLearn or [watch](#) Professional Networking webinar
 Build your network and find a mentor on [Gator Connect](#)
 Create a [Big Interview](#) account to learn tips and complete video mock interviews
 Attend CSLD employer recruiting [events](#) (i.e., employer info sessions or fairs)
[Find](#) an internship or part-time field-related job
 Visit the [Institute for Civic and Community Engagement \(ICCE\)](#) to learn more about service-learning classes and academic internships
 Take on a student leadership role on-campus or in your community
 Join the [President's Leadership Fellows Program](#) for juniors and seniors
 Contact your [College Resource Center](#) for general advising and/or your [Faculty Advisor/Dept. Website](#) for major advising

Graduate School:

Complete research with faculty
[Research](#) graduate/professional schools & admissions requirements
 Develop a [personal statement](#)
 Learn more about [graduate programs](#) at SF State
[Meet](#) with a Graduate Advisor to explore SF State programs & application process

REFLECTION:

*What skills have you improved and what are your career or graduate school goals?
 How do your experiences help build on your [career readiness competencies](#)?*

YEAR THREE



LAUNCH YOUR CAREER

ASK:

How will I implement my career plan?

TAKE ACTION:

Make an [appointment](#) with a Career Counselor to review all job application materials
 Complete [Job & Internship Gator TRACS](#) in iLearn OR [watch](#) [Job Search Strategies](#) webinar
 Present your strengths and [career readiness competencies](#) in your [elevator pitch](#)
[Watch](#) Perfecting the Interview webinar
 Conduct mock interviews on [Big Interview](#)
 Attend CSLD employer recruiting [events](#) (i.e., employer info sessions or fairs)
 Reach out to those in your network; use platforms like [Gator Connect](#) and [LinkedIn](#)
 Join professional associations in your field
 Contact your [College Resource Center](#) for general advising and/or your [Faculty Advisor/Dept. Website](#) for major advising

Graduate School:

Attend SF State graduate application [workshops](#)
 Review & edit your [application materials](#)
 Gather [letters of recommendations](#)
 Prepare for admissions [tests](#) required of your program

REFLECTION:

*What is going well in your job search?
 What is not going well in your job search?
 What adjustments do you need to make to your career or graduate school plans?
 How do you continue to expand your professional development beyond your time at SF State?*

YEAR FOUR +